

UCP-OC Family Support Services Presents



A Heart-to-Heart With Mom Thursday June 25, 2015 10am-12:00pm Registration is Free

Facilitated by Debora Smith, Author Speaker, Past President of the Orange County Aspergers Support Group, member of the Interagency Autism Group and the mother of a teenage son with High-functioning Autism.

Please join our round table discussion for parents of young people with high-functioning Autism. This session will feature an interactive HEART SEAT! Where we spend a few minutes doing an actual case study with a willing participant. This session is also a good place to share your concerns, challenges, triumphs with other parents of kids, teens and young adults with autism. Hear effective Strategies for dealing with School, Public Services, Socialization, Independent Living, Diet, Life Transitions. Gain comfort and encouragement from the common experiences of moms and dads like you. Leave with the feeling that there's hope, there's help and you're not alone and so much more!

**For more information or to register contact Helen Simpson:
(949) 333-6413 or hsimpson@ucp-oc.org**

Must register no later than Monday June 22nd as seating is limited.

Workshop will be held at:
Life Without Limits Therapy Center
980 Roosevelt, Suite 100
Irvine, CA 92620



Life Without Limits for children with disabilities