



AUTISM RESOURCE MOM



# 5 Easy Steps to Understanding My Child

SUPPORT, GUIDANCE AND HOPE FOR AUTISTIC INDIVIDUALS AND THEIR FAMILIES

Please explain areas of support needed along with successful behavior and learning strategies so teachers and caregivers can be most effective with your child.

CHILD'S NAME

## 1 Communication

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## 2 Generalization

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## 3 Socialization

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## 4 Transitions/Stimulation

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## 5 Allergies/Food Sensitivities

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My phone: ..... My email: .....